

SH/CCA

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CO-CURRICULUM FRAMEWORK

The framework is one that is committed not only in developing skills but also in building character and instilling core values in all students. Its emphasis on values gives weight to the role of CCA in the development of character in all students



Guiding Principles:

THE LEARNING OUTCOMES FOR CCA

Students will develop and demonstrate

- □ Passion
- □ Leadership and teamwork
- ☐ Friendship and belonging
- Spirit of service to the community

- Knowledge, skills and values related to their chosen CCA
- □ Core values, social and emotional competencies and the emerging 21st century competencies as articulated in the 21st Century Competencies Framework

CO-CURRICULAR ACTIVITIES (CCA) GUIDELINES

CCA participation in school is **compulsory for all pupils in secondary schools**. To enable pupils to have a holistic education, all pupils are expected to take part in at least one CCA from the 4 groups, namely Sports and Games, Uniformed Groups, Performing Arts and Clubs/Societies.

Rationale:

• CCA is made compulsory at the secondary school level as students are more independent as compared to primary school students and more able to participate in CCA. This aligns with the focus to allow for CCA specialisation which requires a greater extent of rigour and time commitment. As they approach adolescence, secondary students also enter a period of pliable character and identity formation particularly suited for fostering the CCA learning outcomes

BDS CCA

Vision

"BDS *CCA*: BDSians of exemplary CharaCter and Ability"

Mission

"To actively engage and challenge every student in CCA with the opportunity to develop into a responsible, confident and resilient student who aspires to excel and uphold the name and reputation of the school."



BDS CCA POLICY

- It is compulsory for all medically fit students to take up only ONE CORE CCA, which can be a
 physical sport, a uniformed group, a visual and performing arts group, or a club.
- CCA days will be only on Mondays and Wednesday from 3.30 6 pm.
- Attendance rate is based on their core CCA, and students are expected to obtain at least a 75% attendance rate. Absence from CCA is taken seriously, for which a Medical Certificate or a Letter from parents/guardians is required.
- As the School Band and the National Uniformed Groups (NCC, NCDCC and NPCC) are national CCAs. Students are strongly encouraged to remain in these CCAs for all their years in secondary school. One change in these CCAs, either at the beginning of Secondary 1 or Secondary 2, is allowed on a case-by-case basis.
- For other CCAs, students who are keen to experience a different CCA in school may opt for a change at the beginning of each academic year but not during the academic year, unless permission is given by the KPs in charge of CCA. In such cases, the recognition level awarded for the previous CCA will still be credited to the student.

CCA LEAPS 2.0

LEAPS 2.0 is a framework that recognises students' holistic development. Students will be recognised by levels of attainment in four domains:

- Participation
- Achievement,
- Leadership and
- Service.



Attainment of 2 bonus points

- i. minimum of Level 3 in all 4 domains and
- ii. at least Level 4 in one domain
- Minimum attainment of I bonus point,
 - Minimum Level I in all four domains with any one of the following
 - i. At least Level 2 in three domains;
 - ii. At least Level 2 in one domain and at least Level 3 in another domain; or
 - iii. At least Level 4 in one domain.

Eg Bonus I pts	Leadership	Achievement	Participation	Service
(i)	2	I	2	2
(ii)	I	2	3	I
(ii)	I	I	4	I

CCA OFFERED IN BDS

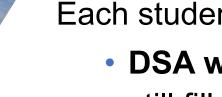




CCA ALLOCATION POLICY

- Each CCA assigned a minimum sustainable number (MSN) and a maximum allocation number (MAN)
 - Allow minimum number for the CCA to be sustainable
 - Effective student development
 - Venue constraints





Each student will select their choices in

- DSA will automatically be allocated their CCA. –
 still fill up the form and indicate
- Select order of interest of CCA group 2 choices
- Select two choices in each CCA group
- To indicate Primary school ECA, past achievements, passion, the activities they do regularly, what they are good at
- Students with special conditions will also be allocated based on their preference and ability.
- Try allocate 1st 3 choices.

FORM INSTRUCTIONS

Dear Sec 1 Students and Parents

We hope that the CCA Fair on <u>5th of January 2024 (Friday)</u> had given you greater insights into the various CCAs offered at Bedok South Sec School. Please complete this CCA Selection Form by <u>19th Jan 2024, 2pm</u>.

The CCAs offered are

- Sports (Football, Floorball, Netball, Swimming, Badminton)
- Visual and Performing Arts (VPA) (Symphonic Band, Chinese Orchestra, Malay Dance, Dance Society, Choir)
- Uniform Groups (UG) (NCC, NPCC, NCDCC, Scouts)
- Clubs and Societies. (Infocomm, Media Production, Science & Environment)

Do choose carefully. <u>Please note that all CCAs have a maximum capacity for enrolment</u> due to constraints such as venue.

You are required to complete all the choices for this CCA selection.

CCA selection/trials:

Selection/Trials will be done for the following CCAs: all sports.

Please look for the selection/trial schedule at the PE/CCA notice board outside the HOD room and sign up for the selection/trials for these CCAs if you are interested.

If you had gone through the CCA selection/trials and selected for the CCA, please indicate it as your 1st choice.

DSA: If you are a DSA student, please indicate 'Yes' for Question 8. Then, select the CCA you have been accepted to via DSA.

We will update you of the CCA selection results at the PE/CCA notice board outside the HOD room by 2nd Feb 2024.

QUESTION 8 - MULTIPLE CHOICE 🛨				
Are you a DSA (Direct Schools Admission) student?				
 Yes*(Select this only if you have been accepted to BDS via DSA) 				
○ No				
QUESTION 9 - MULTIPLE CHOICE 🌟 💝				
Please indicate which particular area.				
O Football				
Floorball				
Netball				
Swimming				
Badminton				
QUESTION 10 - RANKING 😲				
Please rank your preferred CCA group. You must choose a different CCA group for each choice.				
1st choice:	Uniformed Groups →			
2nd choice:	Sports -			
3rd choice:	Visual and Performing Arts ▼			
4th choice:	Clubs & Societies ▼			

SPORTS TRIALS

8 Jan Mon:

- Badminton (Hall) 1530 1630 hrs
- Floorball Boys(ISH) 1630 1730 hrs
- Netball (ISH Lower Court) → 1630 1730 hrs

10 Jan Wed:

- Swimming (Bedok Heartbeat Pool) 1600 1700 hrs
- Floorball Girls (ISH) → 1630 1730 hrs
- Football (School Field) → 1530 1630 hrs

15 Jan Mon:

• Reserved date but only for one sports excluding swimming

All trials start at 1530 hrs, report to venue by 1515 hrs.

For Swimming report to Bedok Heartbeat 1530 hrs, Trials will be 1600 - 1700 hrs

OTHER CCA INTERVIEWS/ TRIALS

8 Jan Mon:

Science & Environment Club (Physics Lab 2)

10 Jan Wed:

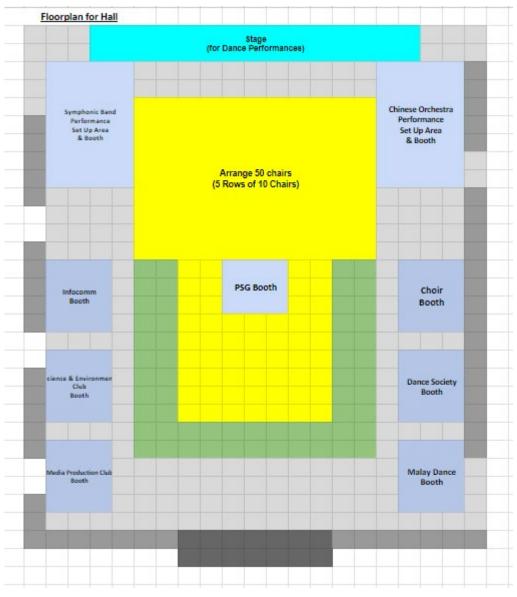
- Media Production (Hall Gallery)
- Infocomm club (Computer Lab 3)
- Science & Environment(Physics Lab 2)

All trials start at 1530 hrs, report to venue by 1515 hrs.

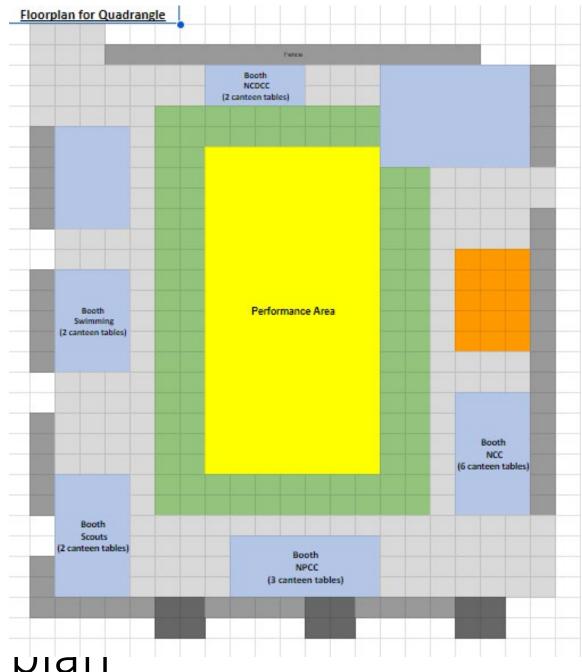
CCA FAIR AND SELECTION TIMELINE

No	Date	ltem	Туре	Staff
			Briefing by SH/CCA, Info &	
			Actions to be taken by students	
1	Fri, 5 Jan	CCA brefing to parents	and parents	SH/CCA
2	Mon, 8 Jan	CCA Selection link send via PG	PG	SH/CCA
		Trials and interview conducted by		
		selected CCAs,		
	8 Jan to	Sec Is can choose to join any CCA for		
3	15 Jan	experience	Sec I action	CCA OICs
	Wed, 17			Sec I and
4	Jan	Submission of Choices for CCA	Sec I action	parents
5	Fri, 2 Feb	Release of results for CCA Allocation	Deadline	SH/CCA
	Mon, 5			
6	Feb	Sec I to report to their allocated CCA	Sec I action	
7	5 to 7 Feb	Appeal for CCA	Sec I action	SH/CCA
		Release of results for appeal for CCA		
8	I2 Feb	allocation		SH/CCA





Hall and Quadrangle Floor plan



FOR PARENTS: SUPPORTING YOUR CHILD

As parents, you play an important role in ensuring your child's holistic and balanced development. Your child benefits most when the emphasis on developing values, life skills and your child/ward's interests and strengths are reinforced at home.

You can discuss the following areas with your child when selecting his/her co-curricular activities:

Identifying interests and strengths

Example: What is your child interested in? What is your child good at?

Setting objectives

 Example: What kind of person does your child want to be? What kind of values and life skills should your child be developed in?

Encouraging self-directed learning

• Example: How does your child want to pursue this development? What are the possible opportunities that can help support this development?

Managing commitments

 Example: Is your child able to cope? How can you help to support him/her in the selected learning pursuits?

OTHER CCAS

- Strategic Partnership CCA (SP-CCA)
 - Athletics, Water Polo, Ethnic Dance
- External CCA





Q&A

For further queries, please contact Mr Mohamed Azman at 64417749 et 163, mohd_azman_mohd@moe.edu.sg

STRATEGIC PARTNERSHIP CCA(SP-CCA)

- MOE has partnered SportSG and National Arts Council (NAC) to implement a centralised, nonschool-based CCA, Strategic Partnership Co-Curricular Activity (SP-CCA) which Secondary students can participate in to pursue their interest in sports and performing arts.
- Through the programme, students from different schools will be able to pursue common interest, cultivate friendships with peers from diverse background while developing values and competencies for holistic development. You may find out more about the current SP-CCA offerings and programme from the QR Code:



SP-CCA ENGAGEMENT SESSION ATHLETICS & WATER POLO

The details of the engagement session are as follows:

Date:	Saturday, 13 January 2024	
Time:	9.00am to 10.30am – Programme briefing by MOE/ActiveSG	
Platform: Online Conference (link will be sent to you upon registration)		

To help us better prepare for the sessions, please register your interest by filling out the FormSG via the QR code or the link below by **10 January 2024**:



https://go.gov.sg/spcca-pes

For further clarifications, please direct them to:

- General Enquiries: MOE_SDCO@moe.gov.sg
- SP-CCA (Athletics or Water Polo): MOE_PSOE_BRANCH@moe.gov.sg

External school CCA

- Students may pursue a sustained programme with a National Sports Association. Such involvement should not replace the need for participation in a school-based CCA.
- The relevant organisation may seek the school principal's permission for the students to be exempted from the school's CCA training sessions. Once the training stint with the organisation ends, the students will have to resume training with the school's CCA.



National Development Centre (NDC)

NDC – External school commitments

Objectives	 Provide quality development opportunities for youth football players with potential Maximise the time for these players in productive football environments 		
Target Group	(Boys) 13-15yrs old(Girls) Under-14yrs old		
Training Frequency	Currently 2 times per week (To be increased to 4 times per week from 2024)		
Training duration period	44-46 training weeks per year		
Talent Identification Process	Open trials every 6 monthsRevolving door for players		
Venue	Current: Singapore Sports SchoolFuture: Kallang Football Hub		
Expectations	 Commitment to attend all trainings / matches Overseas Tour / Competitions during mid year and end of year school holidays. 		

National Projects of Excellence (NPOEs)

- Secondary students with sustained involvement in the National Projects of Excellence (NPOEs),
- namely the Singapore National Youth Orchestra (SNYO) and
- the Singapore National Youth Chinese Orchestra (SNYCO),
- will have their participation in the orchestra recognised in lieu of a school-based CCA. Entry into both orchestras is by a comprehensive audition process.